

## Person-centred Approach to Dementia

### BACKGROUND:

Organisations who employ staff to support and care for individuals with Dementia are often presented with the added concern of staff stress, absences, and consequently high staff turnover. People with Dementia can often feel scared and alone. Our one day course helps to address these concerns to help staff cope better and care better.

### TARGET GROUP:

All staff who provide floating support, working with people with Dementia and their families. The course is designed to enable support staff to confidently and effectively provide a person-centred service.

### COURSE AIMS:

To raise awareness of the effects of Dementia and equip staff with the knowledge, understanding and strategies to enable them to carry out their role safely, effectively and with minimum stress whilst promoting a person-centred service.

### LEARNING OUTCOMES:

1. Awareness of different forms of dementia
2. Understand causes of dementia
3. Recognise signs and symptoms of dementia
4. Effects and impacts of dementia on both individuals and carers
5. Discuss different methods of person-centred support for those with dementia

### ORGANISATIONAL BENEFITS:

Support staff will be equipped to confidently manage the often difficult and stressful situations that are presented whilst working closely with people who have Dementia. The course offers them the insight and knowledge of Dementia that is essential to focus on the individual rather than the condition. By taking a holistic approach to the issues that Dementia can present the organisation can embrace the wellbeing of the support staff as well as the service user.

**Costs: £700 + VAT for 12-14 people, at your venue**

(Including all materials)

For further information or to reserve your place contact Steps Training on **02920 095300** or email [info@steps-training.co.uk](mailto:info@steps-training.co.uk) @ St Line House, Mount Stuart Square, Cardiff Bay, CF10 5LR